At Seventeen

(Janis Ian)

[Verse]

I learned the truth at seventeen That love was meant for beauty queens

And high school girls with clearskinned smiles

Who married young and then retired

The valentines I never knew
The Friday night charades of youth
Were spent on one more beautiful
At seventeen I learned the truth

And those of us with ravaged faces Lacking in the social graces Desperately remained at home Inventing lovers on the phone

Who called to say, "Come dance with me"

And murmured vague obscenities It isn't all it seems At seventeen

A brown-eyed girl in hand-me-downs Whose name I never could pronounce Said, "Pity, please, the ones who serve They only get what they deserve"

And the rich relationed hometown queen
Marries into what she needs

With a guarantee of company And haven for the elderly Remember those who win the game Lose the love they sought to gain In debentures of quality And dubious integrity

Their small town eyes will gape at you In dull surprise when payment due Exceeds accounts received At seventeen

To those of us who knew the pain Of valentines that never came And those whose names were never called When choosing sides for basketball

It was long ago and far away The world was younger than today When dreams were all they gave for free

To ugly duckling girls like me

We all play the game and when we dare

To cheat ourselves at solitaire Inventing lovers on the phone Repenting other lives unknown

They call and say, "Come dance with me"

And murmur vague obscenities At ugly girls like me At seventeen "At Seventeen" is a song by Janis Ian, released in 1975 on Between the Lines (her seventh studio album) and as a single. Ian's most successful recording, the song is a commentary on society's beauty standards, adolescent cruelty, the illusion of popularity, and teenage angst, as reflected upon from the maturity of adulthood. It is told from the point of view of a woman who was an "ugly duckling" as a girl and ignored in high school while the popular girls got all the attention.

Janis Ian, then 22, wrote "At Seventeen" in 1973 at her mother's house over the course of three months. In her autobiography Society's Child, Ian says that the song was inspired by a newspaper article about a former teenage debutante who learned the hard way that being popular did not solve all her problems. The article included the quote, "I learned the truth at eighteen"; Ian found that the word "seventeen" worked better than "eighteen" when she tried to put this lyric with the bossa nova-style melody she had been composing on guitar. She also says she initially did not want to record or perform the song because she felt it was far too personal to share, but eventually changed her mind after adding the song's final verse ("To those of us who knew the pain/Of Valentines that never came...").

Promoting the song was challenging, as it was longer than most radio hits and packed with lyrics. Along with the promotions team at her record company, Ian decided that their best chance to market the song was to promote it to women, which was no easy task when so many radio stations were controlled by men. Ian did a grueling series of daytime talk shows for six months before she was granted an appearance on The Tonight Show where she performed the song and it took off.

"At Seventeen", released as the second single from Between the Lines, became Ian's first national hit single since her first hit "Society's Child (Baby I've Been Thinking)" in 1967. The single version omitted the longer instrumental verse and chorus because it was considered too long and it was feared that the radio stations would refuse to play it. It peaked at #1 on the Billboard Adult Contemporary chart and at #3 on the Pop Singles chart in September 1975. Billboard ranked it as the No. 19 song for 1975, and as the No. 2 Adult Contemporary hit of the year behind only Melissa Manchester's "Midnight Blue." It also won a Grammy Award for Best Female Pop Vocal Performance in 1976, beating out the likes of Linda Ronstadt, Olivia Newton-John, and Helen Reddy and was nominated for "Record of the Year" and "Song of the Year".

Ian performed "At Seventeen" as a musical guest on the very first episode of Saturday Night Live in October 1975. She also performed the song on The Old Grey Whistle Test in 1976, when she held the number one spots on the US album and single charts.

The song's parent album, Between the Lines, also hit #1 and earned a platinum certification for sales of one million copies. Another measure of her success is anecdotal — on Valentine's Day 1977, Ian received 461 Valentine cards, having indicated in the lyrics to "At Seventeen" that she never received any as a teenager.