

## Stir it Up

(Bob Marley and the Wailers)

[Intro]

Stir it up; little darling, stir it up.  
Come on, baby  
Come on and stir it up: little darling,  
stir it up. O-oh!

[Verse 1]

It's been a long, long time, yeah!  
(stir it, stir it, stir it together)  
Since I got you on my mind. (ooh-  
ooh-ooh-ooh) Oh-oh!  
Now you are here (stir it, stir it, stir it  
together), I said  
It's so clear  
To see what we could do baby, (ooh-  
ooh-ooh-ooh)  
Just me and you

[Chorus]

Come on and stir it up; I will say,  
little darling!  
Stir it up; come on, baby!  
Come on and stir it up, yeah!  
Little darling, stir it up! O-oh!

Verse [2]

I will push the wood (stir it, stir it,  
stir it together)  
Then I blaze your fire  
Then I will satisfy your heart's desire.  
(ooh-ooh-ooh-ooh)  
Said, I stir it every (stir it, stir it, stir  
it together)  
Every minute

All you got to do, baby, (ooh-ooh-  
ooh-ooh)  
Is keep it in, eh!

[Chorus]

Come on and stir it up; I will say,  
little darling!  
Stir it up; come on, baby!  
Come on and stir it up, yeah!  
Little darling, stir it up! O-oh!

[Verse 3]

Quench me when I am thirsty  
Come on and cool me down, baby,  
when I am hot. (ooh-ooh-ooh-ooh)  
Your recipe darling is so tasty  
When you show and stir your pot.  
(ooh-ooh-ooh-ooh)

[Chorus]

Come on and stir it up; I will say,  
little darling!  
Stir it up; come on, baby!  
Come on and stir it up, yeah!  
Little darling, stir it up! O-oh!

[Guitar Solo]

[Chorus]

Come on and stir it up; I will say,  
little darling!  
Stir it up; come on, baby!  
Come on and stir it up, yeah!  
Little darling, stir it up! O-oh!

"Stir It Up" is a song composed by Bob Marley in 1967 and first recorded by his group The Wailers that year and issued as a single. The song was later covered by American singer Johnny Nash on his 1972 album *I Can See Clearly Now*. The next year, Marley and the Wailers then re-recorded the song for their album *Catch a Fire*.

The Wailers performed the song on *The Old Grey Whistle Test* in 1973 during their first trip to the UK.

"Stir It Up" was Marley's first successful song outside Jamaica. Another song written by Bob Marley, "I Shot The Sheriff", was made a hit by Eric Clapton on the album *461 Ocean Boulevard*, July 1974. Marley's first "own" international hit, "No Woman No Cry", was released on the Bob Marley and the Wailers album *Live!*, December 1975.